Project n.2022-1-IT03-KA220-YOU-000089929

M4F-Music for Freedom

Recording and production of rap music

REPORT

Berlin, 11th-14th September 2023

"Creation of the training modules for the music production adapted to the prison context" C3

PARTICIPANTS

Arci Liguria Aps

Giuditta Nelli, the project management

Danilo Manganelli: educator (pedagogue) and technical trainer in field of rap music

Filippo Marcellini: junior project management

EFA

Mario Bozzo Costa, project trainer, researcher

Francesco Ferrari, project management

Annalisa Ferrando, social researcher

AufBruch

Holger Syrbe, project manager founding member of the association.

Aisha Madarati, trainer and rapper

Centrul Pentru Promovaarea Invatarii Permanente (CPIP)

Nicolau Dan Orest, prison educator

Alexandru Ursulescu, project manager, researcher

Izmir DSM

Mine Parorkici, sociologist researcher in Izmir Proibation Directorate

ETIC

Susanna Bronze Santos: project management

Joào Gomes: educator, music and sound coordinator

Asturia

Gert Hurkmans: project management, professor and researcher

Kris Strybos, hip hop beat boxing musician with experience of working in prison.

INTRODUCTION

The C3-Training was organized in Berlin form 11th to 14th September 2023. It was organized by AufBruch, the partner that host the meeting. At the training took part seven partners' organizations of the project.

The aim of the third training activity C3 focused on the creation of the training modules for the prison trainers, educators, music teachers and at the same time the creation of modules for the music production workshop in prison to develop with young inmates by trainers who will work in prison. The contents of this training activity was different:

- Update on the design status of music workshops in prison by active partners: potential and limits
- Report on A1 by Etic: prison regulations and their adaptability to new technologies.
- Report on A2 by Etic: definition digital systems for music production in prison
- Construction of training modules for different target

- Tools and strategy for the verification and evaluation of learning

MONDAY 11TH SEPTEMBER

PROGRAMME

▶ *Meeting venue: Youth Prison Berlin, Friedrich-Ollbricht-Damm 40, 13627 Berlin*

10:00-11:30
Welcoming and Opening Greetings (aufBruch)
Visit of the youth Prison
Welcoming: Bill Borchert / Director of the Youth Prison Berlin
Silke Postler (Leader Social Work Department Youth prison Berlin)

Lunch Cantine JSA 11:30 – 12:15

12:30 -13:30
Training introduction
Partners Expectations and Icebreaking activities (EFA)
EFA will also present the results of R1, starting point for the WP3

13:45-14:45
Penitentiary regulations and their adaptability to new technologies (A1)
Discussion with the partners (Asturia)

14:45-15:30
Construction of training module: state of the art (ETIC)
Report on A2 by Etic: definition digital systems for music production in prison

15:45-16:30
Specifics in Cooperation with Prisons
The setting of training in prison: logistical and organizational aspects
logics, modes and tools for educational design of a music workshop in prison
With: Sibylle Arndt / Production Management / (aufBruch)

16:45-17:15
Discussion with
Artistic Projects and Social Work in Youth Prison
Silke Postler (Leader Social Work Department Youth prison Berlin)
Janina Deininger (Head of the Work Department Youth Prison Berlin)

17:30 – 19:30
Workshop Presentation in Youth Prison Berlin (aufBruch)
style and manner of the trainer his relationship with prisoners
Aisha Madarati (Workshop Leader / aufBruch Youth Prison)

The first day stated with a welcoming by the vice-Directory of the Youth Prison Berlin that hosted the first day of training meeting. She started with a brief presentation of the department and after that she presented Silke Polster, leader of Social Work Department in Youth Prison Berlin. She presented herself, her work in general and the prison structure. She explained that this institute could host 430 young inmates, this is the only youth prison in Berlin due to the German system use the detention as the last option for the youth people's crime. The structure is quite modern, and host prisoners from 14 to 28 years old. (Earlier the institution hosted people

until 24 years old, but many studies and good practice proved a greater success of the methodology, so the years limit was extended). In the morning the young inmates attend to school and in the afternoon have the possibility to choose from several courses. The leader of social department, Silke Postler, continues the explanation by giving a tour of the facility. partners have the opportunity to see the outdoor spaces of the facility with areas dedicated to sports (basketball court, football field), spaces dedicated to family visits, inmate cells, carpentry workshop. The organized workshops give the opportunity to learn different professions and are very important to the self-esteem of young inmates. The lunch break took place in the building, after that Holger by AufBruch introduces the C3 training Agenda. The training was presented by Mario (EFA) that asked the partner expectations at the starting of Training.

Partner expectations:

Izmir DSM (Turkey)	Like a probation association she interested in understanding the methodology to develop a course for trainers that have the goal to carry out the hip hop workshop with recipients. Working in a probation setting rather than in prison there is more freedom to use the necessary equipment however it is important for the partner to find and train the trainers who will work there.
ETIC (Portugal)	For the project manager (Susanne) the interesting thing is understand better the context of the prison and specifically the Berlin system in prison and the concrete way to develop the Hip-Hop workshop in a prison context. Like a music school the expectation is to give a technical support for the implementation of the workshop and the training for trainers. Joao, like a music and sound coordinator, want to give his contribution give the technical knowledge about what tools need to improve the workshop adapting them to different context.
CPIP (Romania)	The partner expectations was to have a concrete idea to develop a guideline for training for trainers. Another expectation was to have a concrete idea about the workshop in prison: which tool needed, how to implement it…
ARCI (Italy)	The three participants by ARCI have different roles and different expectations about the C3 Training. Giuditta, project manager of the leader organization wants as much as possible to find the answers that are helpful to the partners' questions and difficulties so that they can overcome them and move the project forward in the best way possible. She thinks that one of the most important things is understand the different context and problems in which each partners work. Danilo e Filippo like Hip-Hop trainers and educators want both see another context like German prison that is different form the Italian framework. One of the aims of this Training was understand a concrete way to implement the workshop in prison.
Asturia (Belgium)	The C1 and C2 Trainings have provided the technologies knowledge and the idea to adapt them in context like prison. In this Training the expectations focused on practical instruction to develop the training for trainers. It's important understand the knowledge and skills that the trainers could be learned to teach and develop the workshop in prison.
EFA	The expectations for this training include understanding more what are the differences between countries and looking for solutions and exchange of best practices to implement the workshop in the best possible way for all partner's countries. Another expectation is to be able to develop a model (guideline) for both the training for trainers and the workshop that could be used at the end of the project from other organization. It's also important understand how to certify and evaluate the two courses (for trainer and workshop) to see if they can lead to certifiable competencies.
aufBruch (Germany)	The expectation is to figure out in concrete terms how we can take the project forward.

Mario presented the results of R1 “Competence framework for hip hop music production” starting point for the WP3 that focus on the creation a music audio recording workshop in prison. The WP3 must be develop in different and important step that should be carry out in parallel. The presentation showed the results has already been achieved and what is being pursued for the next steps.

- The first result of the M4F project is the definition of a competence framework for the production of hip hop music in the criminal field.

There are two important challenges:

- The logistical and technical challenges inherent in the installation of equipment for music production in the penitentiary structure.
- The specialist knowledge and skills required for music production in prison not in line with the skills of the prison staff or educators involved.

The presentation also showed a scheme about “Areas of employment for rap music production both for training and for music production in prison” a result of previous work done by the partnership, in which knowledge and skills useful for building training are presented.. After Mario presentation follows the intervention of Joao by Etic, who coordinates the WP3, and presents the results of previous research carried out before the C3: A1, *Research of other current experiences, of prison regulations and their adaptability to new technologies. Dialogue with prison administrations to define a common framework of applicable procedures for the safe use of technology in prison*, and A2 about definition of digital systems for music production in prison (see presentations in the drive). He showed the “Use of equipment”: how software could be used (different kind of software), the use of internet, the use of the USB (when allowed), logistical things like acoustic isolation. Joao's presentation is detailed and careful about the technical instrumentation part that is needed to carry out a professional rap music workshop in prisons. Possible alternatives for instruments and various prices.

After that, AufBruch with Sibylle Arndt, Silke Postler (Leader Social work department Youth Prison Berlin) and Janina Deininger (Head of the work Department Youth Prison Berlin) explained the logistical and organizational aspects for the educational design of a music workshop in prison, even more in youth prison. She stated that within the Berlin Youth Prison, art and various workshops are of great educational and pedagogical importance. It is important that inmates have a confrontation with the outside world, both for the purpose of non-isolation during detention and for their reintegration. The Music 4 Freedom project therefore can have a positive impact on people's lives. Important is that these projects be supported by all prison staff, from the direct to the guards.

The first day of meeting ended with the Workshop presentation in Youth Prison, the course was followed by Aisha Madarati. The partners visited the theatre where five guys performed Rap music, presenting what they had worked on during the course.

TUESDAY 12TH SEPTEMBER 2023

PROGRAMME

Tuesday 12th September

► *Meeting venue: Kulturinitiative Förderband gGmbH / Theaterhaus Berlin*
Neue Jakobstraße 9 / 10179 Berlin

9:00-9:45
Group work (EFA)
logistical and organisational aspects of prison training

10:00 – 10:45
Hip-Hop workshops in the Youth Prison Berlin
Aisha (Film, Discussion)

11:00-11:45
Hip-Hop workshops in the prisons in Belgium
Kris Strybos (hip hop beat boxer)

12:00-13:00
Group work (EFA)
Discussion with partners on logics, models and tools for educational design of a music workshop in prison

13:15-14:00
Logistics in Cooperation with Prison
Preparation for the Performance in JVA Tegel / aufBruch

Freely organised lunch / Transfer to Tegel Prison
►*Tegel Prison, Seidelstraße 39, 13507 Berlin*

16:00 – 21:00
Visit of the Theater/Music Performance (JVA Tegel)
„ Der aufhaltsame Aufstieg des Arturo Ui“
Celebratory Event (Festveranstaltung) 125 Years Tegel Prison
Martin Riemer / Director Tegel Prison
Senator of Justice
Discussion with the Participating Inmates

21:00 – 23:00
Social dinner
Place Will be specified
Discussion with the Director of the Theatreperformance
Peter Atanassow, the Director of the Theatreplay

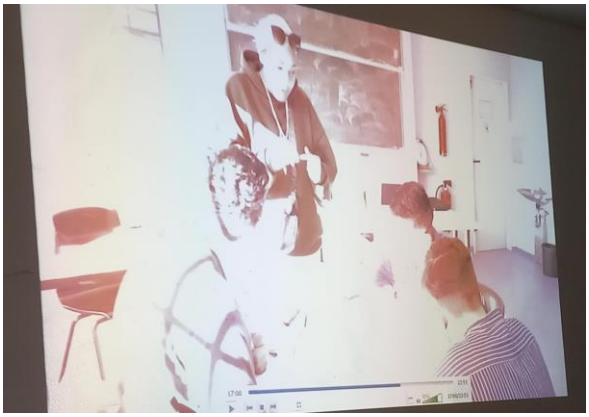
The second day of meeting started with a Group work about logistical and organizational aspects of prison training. In order to deepen the topic Mario by EFA has introduced the results of the query turned to the partners

after C2 training in La Spezia entitled "starting points" in order to verify the state of the things: problematic and opportuntià. Each partner shared with others the tools that can be used in prisons in different countries, what is allowed and what is not (Discussion of partners about the different possibility).

After that Aisha presented a Film shot during the workshop conducted with young inmates. She showed all the process and her methodology to implement a Hip-Hop workshop in prison. The Film presented the different steps followed during the course: writing, the practices to music exhibition ecc.. During the presentation the trainers like Danilo, Filippo and the participants by ETIC, Joao, had the possibility to talk about the technical aspects: the tools used, the different methodologies…

Kris Strybos, beat boxer, made his presentation about the work that he usually carries out in the prison in Belgium. He works inside and outside the prison contexts. He focuses attention on several aspects. The goal is also to create a bridge between the inmates and society; motivating of participants is essential, the emotional aspect, self-esteem and the possibility of creating interests and bonds are important components. The technical part and the tools are also important to permit the results, achieving the results is useful both to be able to implement courses that can give effective skills and to create a bridge between a marginalized context and society. Achieving outcomes is also essential for the self-esteem of those who see what they have created produced.

During his presentation, Kris showed and talked about a Big Festival Event conducted in Belgium where the inmate voice meet the society. The courses he conducts are based on an informal type of teaching, however, the credibility of those who conduct it plays an essential role.



After these two presentations of different kind to develop a music workshops in Berlin (by AufBruch) and in Belgium (by Asturia), Mario started a Group work to introduce the focus of this Training “logics, model and tools for educational design of a music workshop in prison”. What the working group want to achieve is a concrete idea to develop the workshop. The consideration about A1 and A2 should be useful to produce modules for workshop. Mario asked to each partner what the problem are encountered in their penitentiary system:

Turkey: They work in a probation context: the most difficult things is found someone in field of Hip-Hop music. This person will follow the training course for trainers and then he'll carry out the workshop in prison. The use of technologies is not a problem in a probation context they are freedom to use different tools like Internet, pc, usb and other tools needed.

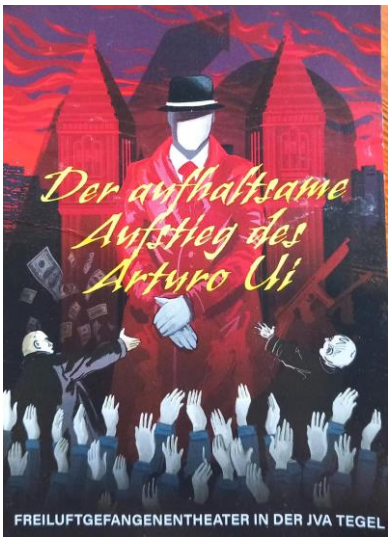
Italy (ARCI): They work in a prison setting (La Spezia Youth Prison). The prison is looking for the room for the workshop. They have the possibility to use pc but not the ability to use usb drive, however the La Spezia is working to implement the workshops.

Belgium: Asturia focuses on the practical part about the tools needed. Trainers have identified them; they will take the trainers' course and bring their knowledge to the workshop.

AufBruch focuses on an issue of time and funding. If the course is to be professionalizing, it is necessary to be able to have the instruments and to be able to pay the teachers.

Bringing out the different issues that each partner faces is essential to understanding how to overcome them. One of the important aims of the project is not only its successful, but the idea is to look far ahead and be able to leave a concrete result beyond the end of the project. What is sought to be achieved is the possibility of having a permanent Hip-Hop music workshop in youth prisons and, above all, the possibility of creating guidelines for courses to be implemented, both for young inmates and their future trainers.

After lunch the partners went to the Tegel Prison to see the theatre performance "Der aufhaltsame Aufstieg desArturo Ui" prepared by Tegel Prison inmates in cooperation with the AufBruch association. (you can find in the drive a summary of the play in English: ArturoUi_Handout_engl.



The second day of meeting ended with the social dinner.

WEDNESDAY 13TH SEPTEMBER 2023

PROGRAMME

Wednesday 13th September

▶*Meeting venue: Plötzensee Prison / Friedrich-Ollbricht-Damm 16, 13627 Berlin*

10:00-12:00

Film-Presentation of HipHop - Workshops with young Inmates /
workshops by: Matondo, NKSN
Guest Henrietta Clasen (Socialworker JSA)/
Specific aspects in the work with young Inmates, Effects on the participating Inmates
Discussion with: Saddam, Moussa / Inmates Participating in various aufBruch Workshops (Filmworkshops Winterreise, Theatre)
Work Examples: Creative Writing Workshops

12:15 – 12:45

Artistic Projects and Social Work in Prison /
Specific situation for artistic and cultural projects in Prisons /
The setting of training in prison: logistical and organizational aspects
Robin Walborn / Head of Social Work Department in JVA Plötzensee

Freely lunch / transfer to Theaterhaus Mitte

…▶ *Meeting venue: Kulturinitiative Förderband gGmbH / Theaterhaus Berlin*
Neue Jakobstraße 9 / 10179 Berlin

14:15-15:30

Group work with partners (EFA)
Discussion with partners on style and manner of the trainer,
relationship with prisoners

HOW TO PROGRAM THE TRAINING
15:45-17:30
Define training programs (EFA)
simulation with the partners on the type of training they want to realize to face concrete, real problems: workshops

The third day of meeting took place in Plotzensee Prison (Youth Prison). The partnership was received by Henrietta Clasen (Socialworker JSA), and other two operators of AufBruch. Holger presented the three persons to the partner and talk about the project of M4F. It's opening a discussion of comparison and storytelling by AufBruch practitioners. They explain their work, bringing out the importance of being able to create spaces for inmates to engage with the outside world. In a contested environment such as prisons, it is important not to isolate people from society. The operators, in particular Henrietta explains how the German prison system works and the activities that are carried out within it through the associations that work there. There are different professionalisation courses such as cooking, carpentry. AufBruch conducted a cinema workshop, which brough the production of a film. The film workshop involved inmates who wanted to take part in different activities: acting, screenwriting, editing, videomaking ecc... Holger introduces five young people who

took part in the film project. Some of them were also involved in the production of two Hip-Hop music videos. They tell about some of the activities they have participated in and more generally talk about the activities offered to them in prison. One of them claims to have just finished a professionalizing cooking course.

During and after the discussion, music videos and the film are shown. One of the inmates who took part in the production of the film says he has been taking theatre classes for years. Through these courses he has discovered a real passion for acting and says he wants to pursue it once he gets out of prison. AufBruch relies heavily on the active participation of prisoners. They are given the tools to learn trades, for example to produce the film they were taught how to record, how to put up a script, etc...

After the lunch break, the partnership gets back the previous day's group working. The discussion focuses on training for trainers. The goals of the C3 Trainer activity are producing a concrete module to improve the training course for trainers and the same for workshop in prison. Each partner should be defined who will be the trainer and what kind of workshop they will want to realize.

The discussion of third day focus on modules for the workshop: the partnership tried to define how the training course could be divided. Any partner should have a concrete idea what kind of tools needed.

The modules thought by partners for the workshop in prison consist of:

- General culture about Hip-Hop context and history. (Intro Hip-Hop culture and beatmaking)
- Bars/Timing →Song structure
- Beatmaking→stems Audio and Stems midi
- Mixing session

The partners must define when the length of the course will be. Furthermore, it would be useful to produce a final result of the workshop such as CD or something else. We need to start buying the equipment to then start the workshop. Furthermore, it is necessary to define how to secure instruments, such as USB sticks which are often not allowed in prisons.

THURSDAY 14th SEPTEMBER 2023

PROGRAMME:

Thursday 14th September

▶*Meeting venue: Kulturinitiative Förderband gGmbH / Theaterhaus Berlin*
Neue Jakobstraße 9 / 10179 Berlin

9:30 – 11:00
Define training programs (EFA)
simulation with the partners on the type of training they want to realize to face concrete, real problems: educators

11:15-13:00
Group activities on verification and evaluation of training courses:
logic and tools: workshop and simulation (EFA)

Lunch Freely

14:00 – 15:00
Conclusions (EFA)
~
15:00 – 16:00
Evaluation (EFA)

Good bye!

The las day of meeting focused on the construction of the Training for trainers. How are competence and skills required to be a trainer? How skills the trainer will be learn? How to prove and certificate the competence of trainers after the training? Who will be the trainer of trainers?

Many partners agree that the trainer must have some basic knowledge about music. Starting on this knowledge it will be possible to learn the techniques and specific competencies. This training course is for specific users (inmates), we must also focus on the educational aspect. If we start from that trainers must have musical skills, this does not necessarily mean they have skills on how to work inside a prison, this means that the training course should focus on to give the right skills to teach in prison.

What the project wants to achieve is something that does not end with the end of the project. The project plans to experiment with a training course that can leave certifications and validations for the new trainers.

Another aim that the project have is to create a guide to other that can be develop the same thing in other time and other context. We experiment the training for new trainers. And we need to experiment the modules for training of the trainer. C3 in Berlin is the second step, and the goals is to create a methodology to carry out this kind of competence. Develop this kind of work is need different competence. This mean that the aim is trying to find a way to collect data of different competence and create a tool that could be useful for everyone that want to develop something at the same. We must write a guideline.

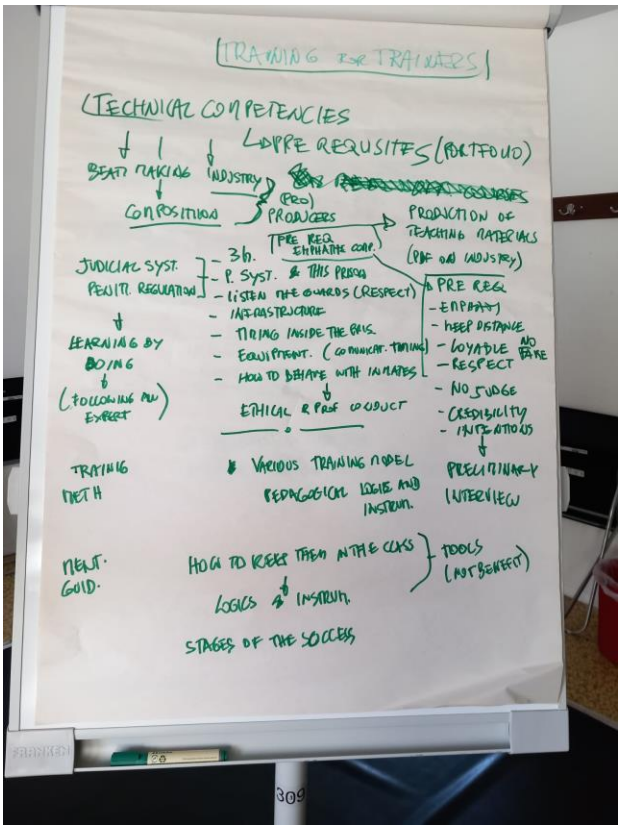
For the training for the trainers: In the technical part is better have someone with experience and the partners are looking for the skills that the trainers should have, and which skills should be will learn. It's better understand the competence and skills of trainers, a profile of trainers (Who can apply). ETIC have the role to give his competence to other partners and share with them tools and knowledge.

The modules thought by partners for the training for trainers consist of:

- Pre-existing technical competence (like: beat making, composition, industry of music)

For whose is the first time to work in prison the training should information about:

- What kind of equipment/tools can introduce in prison (different place, different context)
- Different rules of the prisons.
- What and how is the relation with inmates.



Those partners who have experience in working in prison believe that there are some important characteristics when working in this context such as:

- Empathy
- Able to keep distance (I'm the trainer and not friend)
- No judge
- No fake face
- Credibility

Verification and evaluation of what we'll do in this activity: What kind of verification about the workshop.

- Project test-learning output
- Something very practical things
- Intermediate results (exercise/song: self-evaluation of the results)
- Timing is important for the motivation of the students. Fix deadline but not a lot of stressful.
- Learing by doing, chek their work and work during doing.

The advice of Joao by ETIC is to start from something that already exist (beat) and then work in something create by new. Motivation is very important, and CD could be a good way to motivate people. Have some concrete results to listen and have at the end of the workshop. The Cd could be a output and a way to change the different results of the project between partners.

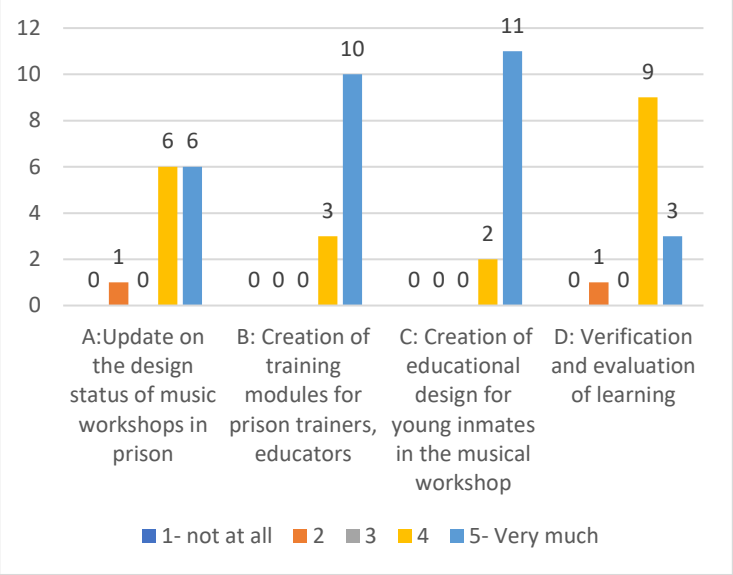
The last day of meeting ended with the conclusion session conducted by Mario (EFA).

ENTERING AND FEEDBACK QUESTIONNAIRES – SUMMARY

Results from the entering questionnaires

n. questionnaires: 13

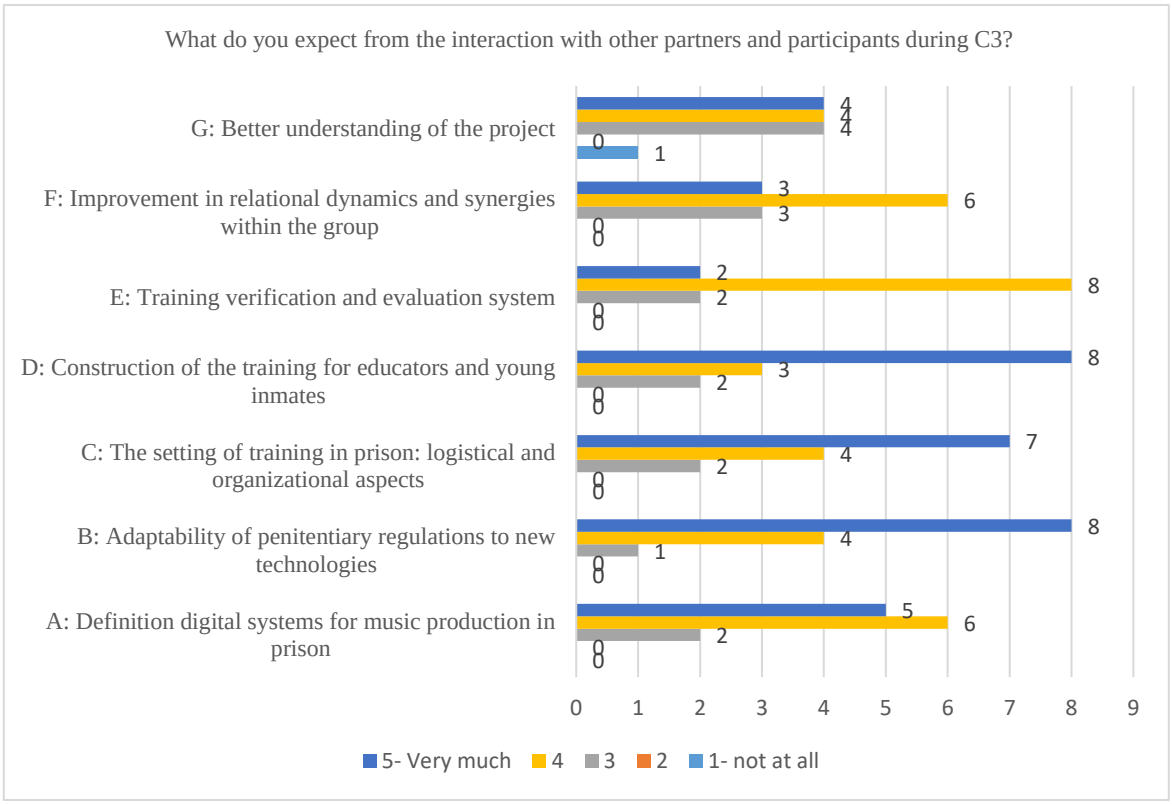
6. What are you more interested in? (from 1 – not at all, to 5 very much)



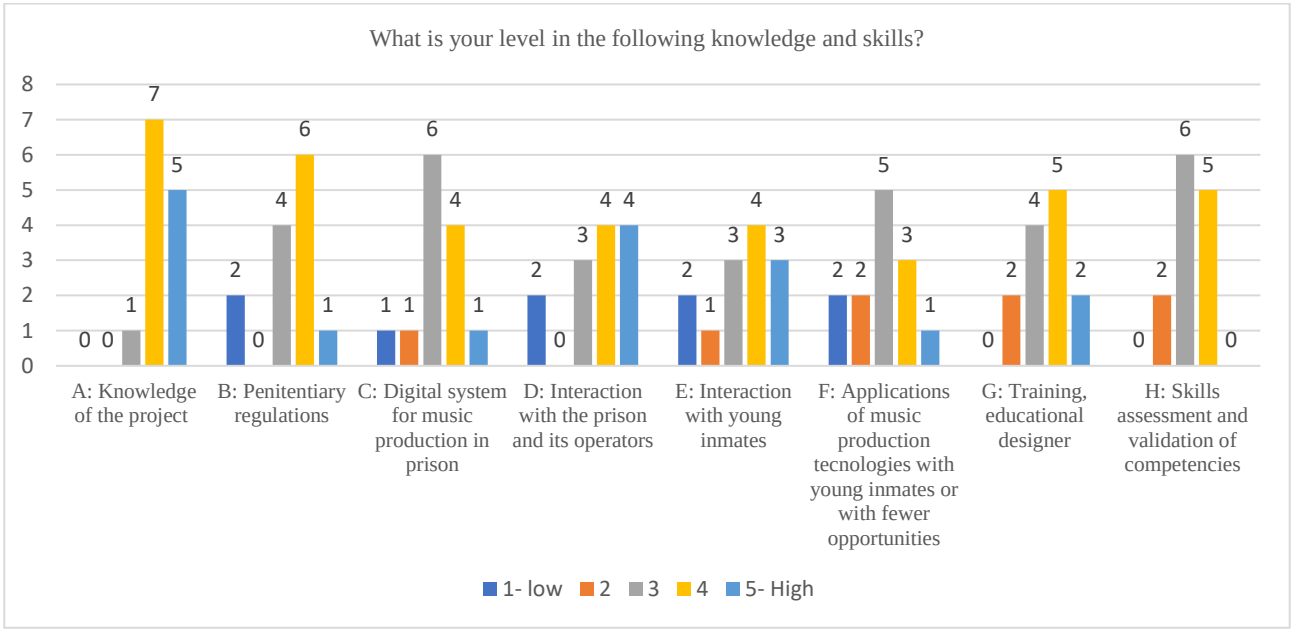
Average Satisfaction	
A:Update on the design status of music workshops in prison	4,31
B: Creation of training modules for prison trainers, educators	4,77
C: Creation of educational design for young inmates in the musical workshop	4,85
D: Verification and evaluation of learning	4,08

7. What do you expect from the interaction with other partners and participants during C3?

A: Definition digital systems for music production in prison	4,23
B: Adaptability of penitentiary regulations to new technologies	4,54
C: The setting of training in prison: logistical and organizational aspects	4,38
D: Construction of the training for educators and young inmates	4,46
E: Training verification and evaluation system	4
F: Improvement in relational dynamics and synergies within the group	4
G: Better understanding of the project	3,77



8. What is your level in the following knowledge and skills?



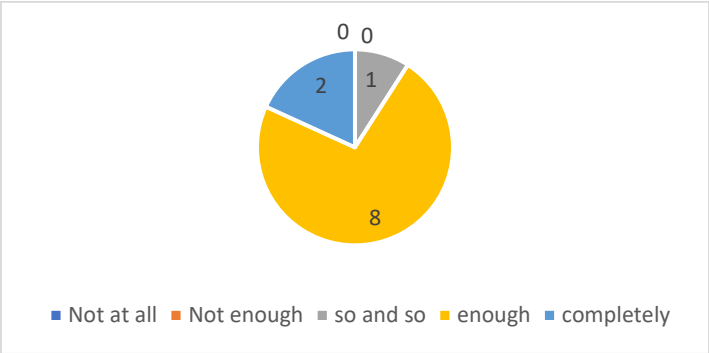
Results from the feedback questionnaires

n. questionnaires: 14

3. Did the training meet your expectations?

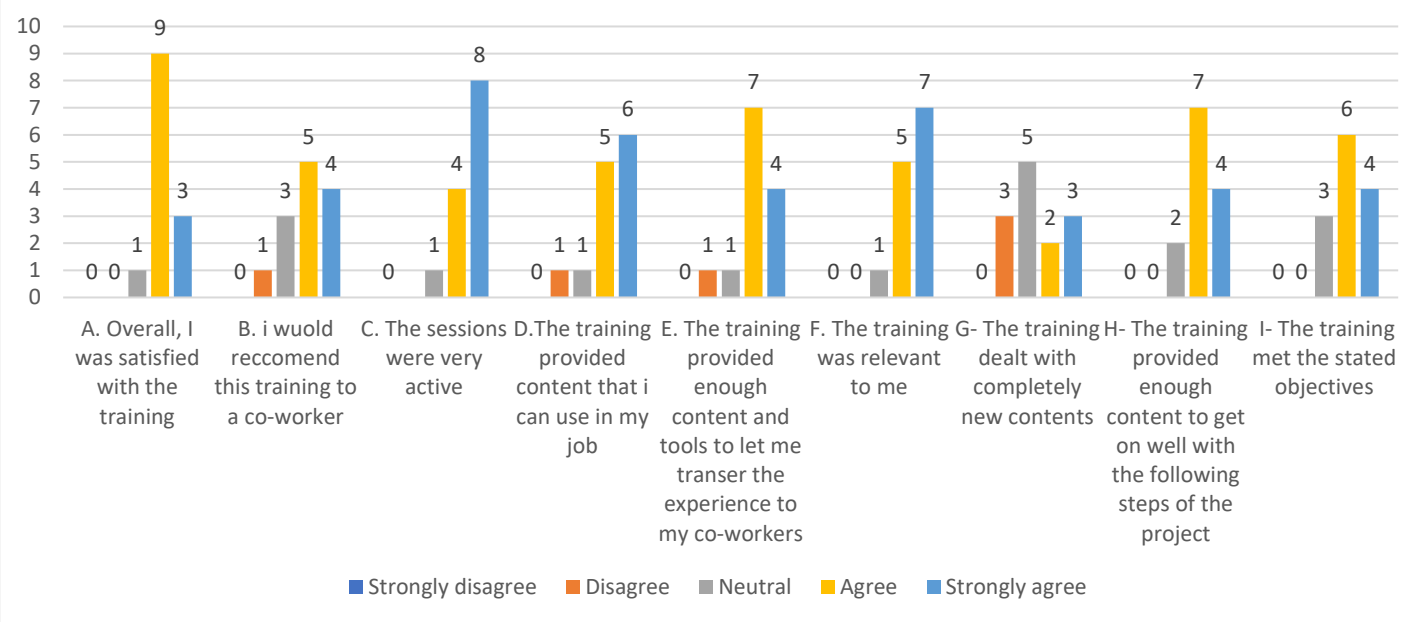
Not at all	*Not enough*	*So and so*	*Enough*	*Completely*

1	2	3	4	5



5. Do you agree/disagree with the following statements?

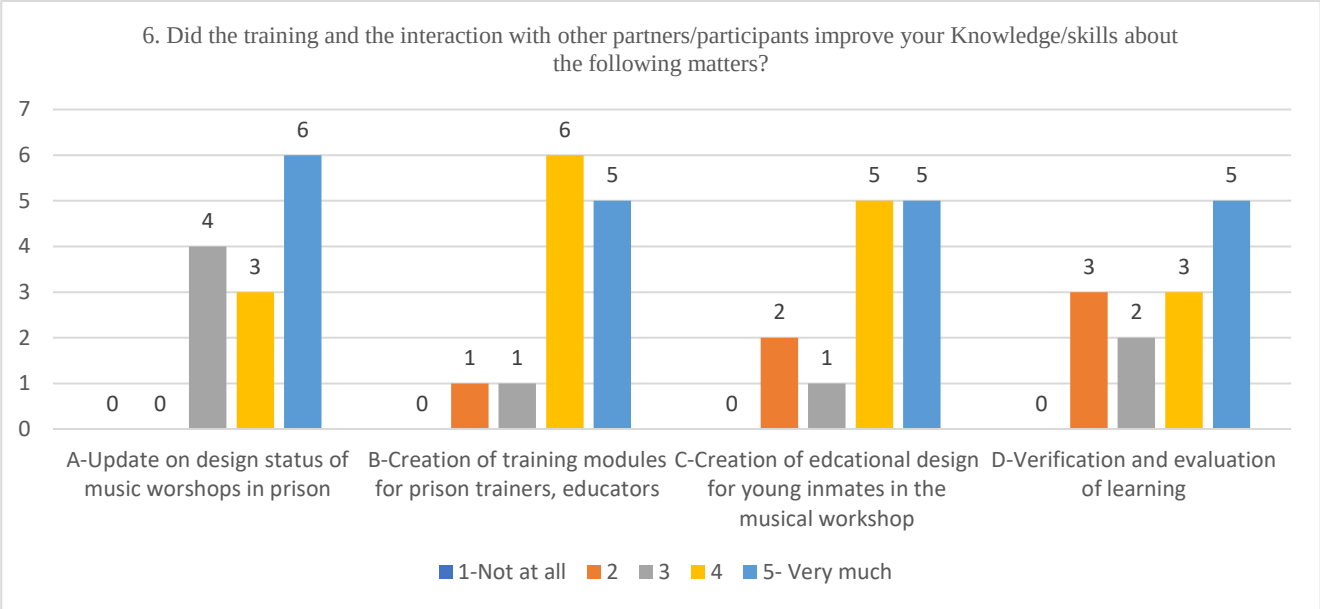
Strongly disagree	*Disagree*	*Neutral*	*Agree*	*Strongly agree*
1	2	3	4	5



Average Satisfaction	
A. Overall, I was satisfied with the training	4,2
B. i wuold reccomend this training to a co-worker	3,9
C. The sessions were very active	4,5
D.The training provided content that i can use in my job	4,2
E. The training provided enough content and tools to let me transer the experience to my co-workers	4,1
F. The training was relevant to me	4,5
G- The training dealt with completely new contents	3,4
H- The training provided enough content to get on well with the following steps of the project	4,2

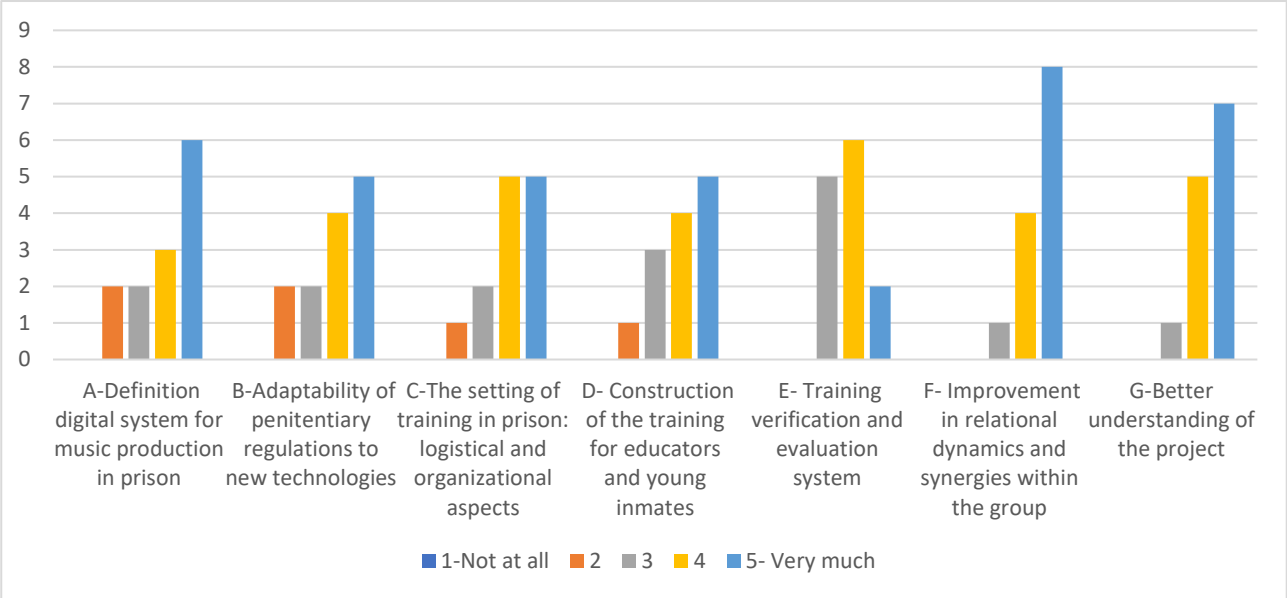
I- The training met the stated objectives	4,1

6. Did the training and the interaction with other partners/participants improve your knowledge/skills about the following matters? (from 1 – not at all, to 5 – very much)



Average Satisfaction	
A-Update on design status of music worshops in prison	4,2
B-Creation of training modules for prison trainers, educators	4,2
C-Creation of edcational design for young inmates in the musical workshop	4
D-Verification and evaluation of learning	3,8

7. How much the training fulfilled the following expect results? (from 1 – not at all, to 5 – very much)

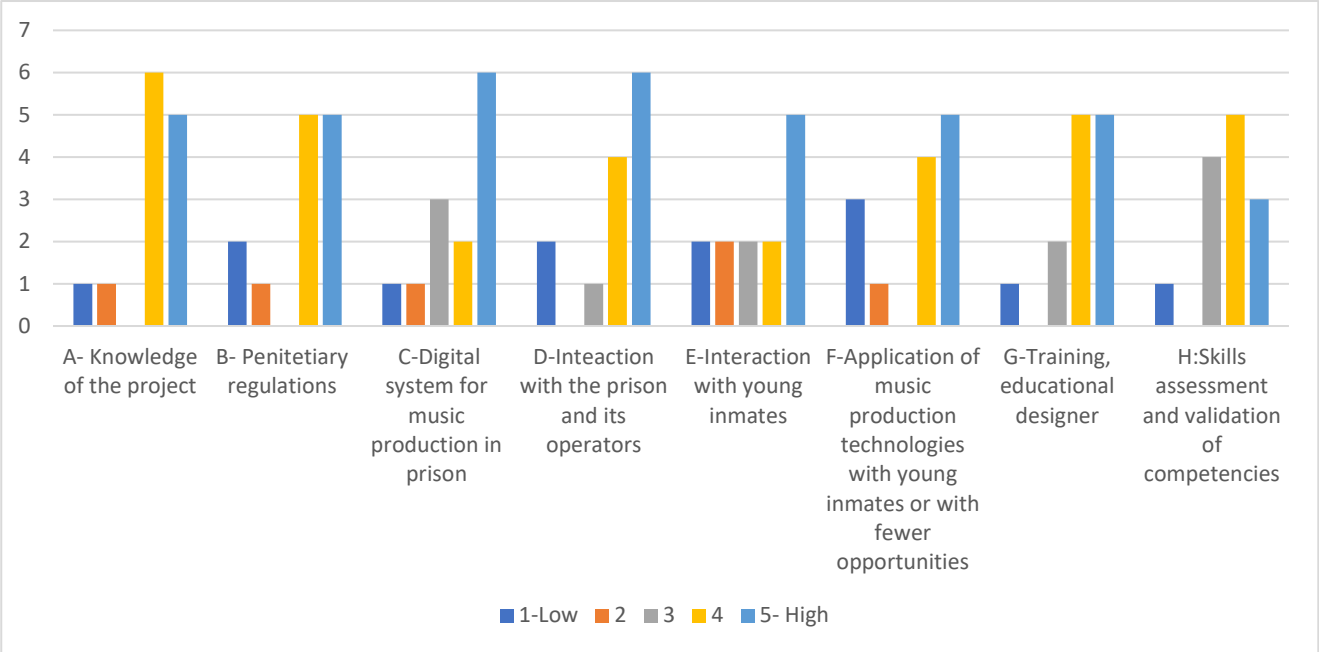


Average Satisfaction	
A-Definition digital system for music production in prison	4
B-Adaptability of penitentiary regulations to new technologies	3,9
C-The setting of training in prison: logistical and organizational aspects	4,1
D- Construction of the training for educators and young inmates	4
E- Training verification and evaluation system	3,8
F- Improvement in relational dynamics and synergies within the group	4,5
G-Better understanding of the project	4,5

8. Add a comment if needed

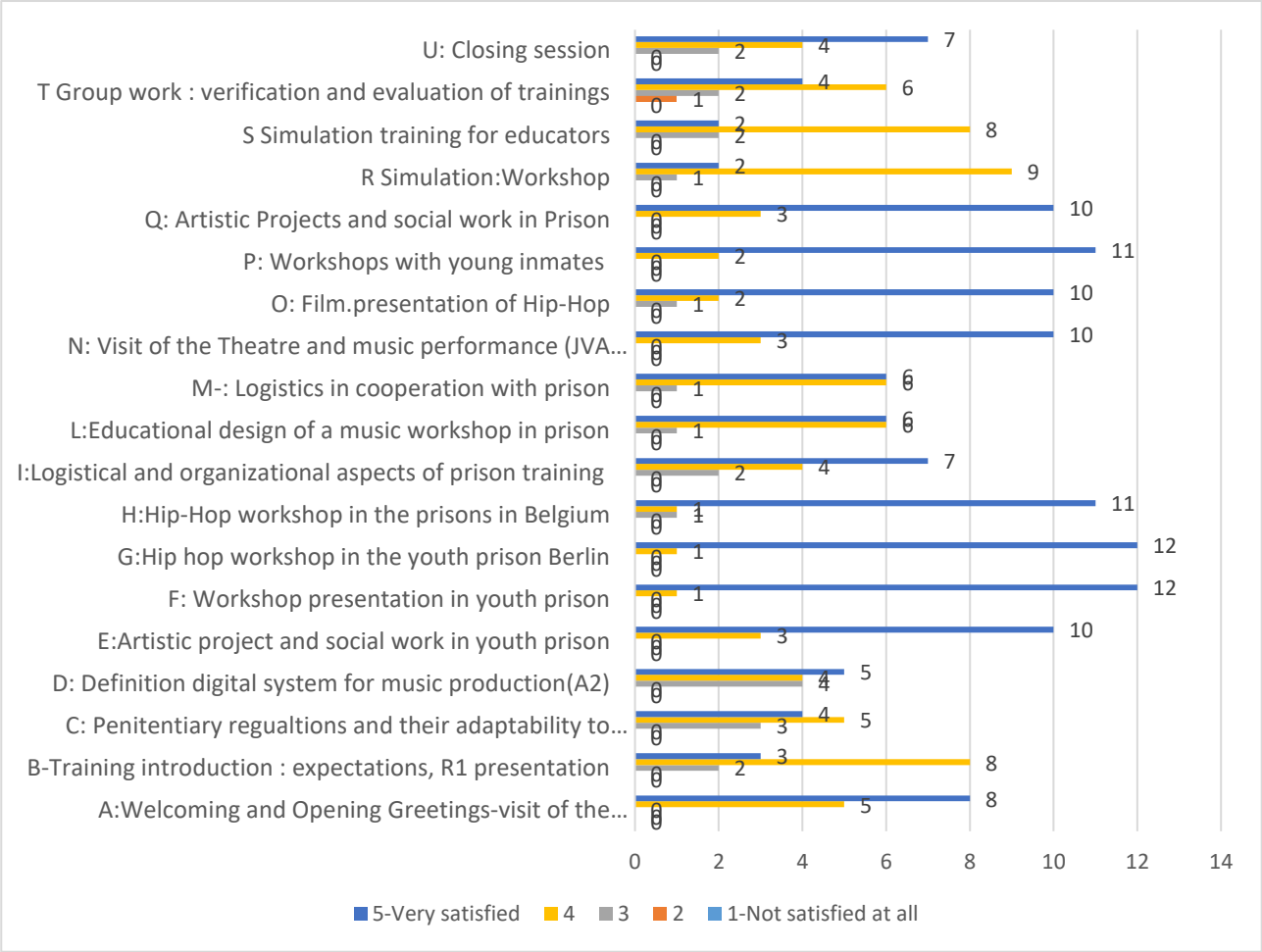
- I've trained myself for more 15 years in Hip Hop workshop's in prison so in this case there was nothing new to me (in positive way)

9. As regards knowledge and skills, do you think they improved thanks to the training? (from 1 – low improvement, to 5 – high improvement)



Average Satisfaction	
A- Knowledge of the project	4
B- Penitetiary regulations	3,8
C-Digital system for music production in prison	3,8
D-Inteaction with the prison and its operators	3,9
E-Interaction with young inmates	3,5
F-Application of music production technologies with young inmates or with fewer opportunities	3,5
G-Training, educational designer	4
H:Skills assessment and validation of competencies	3,7

11. Please, rate your satisfaction about the different training modules (from 1 – not at all satisfied, to 5 – very satisfied)



13. What would you get in deeper in the coming training?

- Development of training content
- Cooperation with prison
- Nothing, I think we reached all the subject very well
- Practical training aspects (no proposal of a draft of training modules from school to prison)
- None as the materials will be the topic in Romania
- working and understanding inmates/international network (building a network) keeping in touch
- learn about deeper aspect of Ableton live software

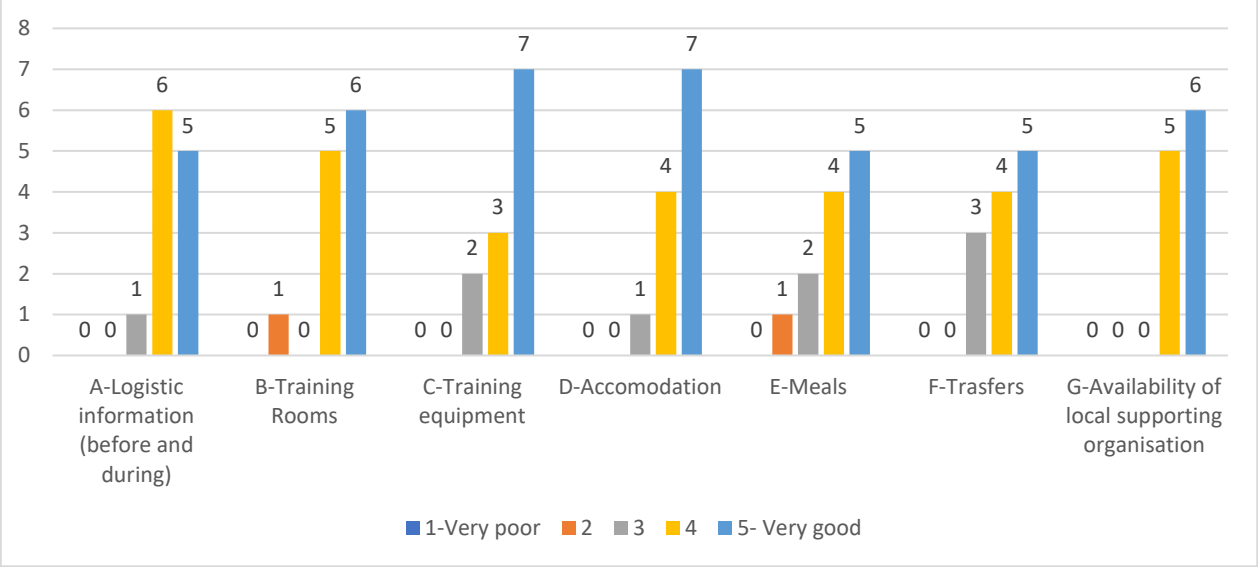
14. During the training, which was the most difficult thing?

- Understanding the training for the trainers
- Get partners on same level, different starting point of different organizations
- To change the locations because of the long distance
- To suffer the low level of awareness of some partners about both the project and their tasks
- None as we made the decision to work on music production and not on music
- listening and stay focused
- speak in English language
- understand the different goals that the meeting had in his foreseen tasks

15. During the training, which was the easiest thing?

- Getting along with all the team
- cooperate with inmates
- to watch the performance in prison
- work together
- none, we had to work
- talking with the inmates
- person, competences of trainers, beautiful city

16. Rate your satisfaction about logistic arrangements? (from 1 – very poor, to 5 – very good)



17- After the training do you have a better idea about the role of your organization in the project, your goal and your commitments? Is it different from the beginning? Please describe shortly.

- Yes, it was clear, already.
- No, same level.
- Yes, now I can say that I have a clear idea about what we need and what to do in the future.
- Yes, exactly is different from the beginning. Answers of many questions are clear now.
- Everything was clear before about your role.
- Yes, i know what to do.
- Better view on the goals for the project.

CONCLUSIONS

The data collected from the feedback questionnaire are encouraging, the C3 had a high degree of satisfaction of expectations and found a medium high satisfaction compared to several desired results from the C3 (understanding of the project, vitality of the training, contents and tools useful for the realization of the project, relevance of the course, achievement of the objectives). Medium high also results in the

improvement of knowledge and skills thanks to the course (except for the assessment of the skills of the prisoners), and also medium high satisfaction with the achievement of the expected results. It is particularly pleasing to know that the most important results in this field concern the understanding of the project and the growth of synergies in the working group.

The answers given to the question of what would be best explored concern useful paths of work for ETIC because they concern specific problems in the implementation of training.

The most important difficulty seems to be the one on which the C3 has worked best: to realize the commitment that it takes in the realization of this WP and, in general for the realization of M4F project.