

Project n.2022-1-IT03-KA220-YOU-000089929

## **M4F-Music for Freedom.**

### **C2: Training for partners on project design, possibilities of implementation of an audio editing and mixing studio in prison and validation of competencies**

REPORT

La Spezia, 3<sup>rd</sup>-6<sup>th</sup> April 2023



## PARTICIPANTS

### Arci Liguria Aps

Giuditta Nelli, the project management

Danilo Manganelli: educator (pedagogue) and technical trainer in field of rap music

Filippo Marcellini: junior project management

### EFA

Mario Bozzo Costa, trainer researcher

Annalisa Ferrando social researcher

### AufBruch

Holger Syrbe, project manager

Aisha Madarati, trainer and rapper

### Centrul Pentru Promovaarea Invatarii Permanente (CPIP)

Alexandru Ursulescu, researcher

Delia Borza, psychologist

### Izmir Denetimili

Eker, teacher

Mine, sociologist-Proibation expert

### ETIC

Susanna Bronze Santos: European project management

Joao Gomes: music and sound coordinator

### Asturia vzw

Gert Hurmans: project management and researcher

Ana Ferrando Benedicto teacher and researcher

Wendy Trimbos, teacher and researcher

## Introduction

The C2-Training was organized in La Spezia from 3<sup>rd</sup> to 6<sup>th</sup> April 2023. It was organized by ARCI Liguria, the coordinator of this activity. At the training took part seven out of eight partners' organizations of the project. The only organization that didn't keep part to the training activity is E.N.T.E.R., that are not involved in this action.

The C2 Training Activity focused on the implementation of the WP2 "Music workshops in prison: field research and development of models and skills". After the C1 Training in Lisbona that had the aim to implement the technical part on recording and production of rap music the second training in La Spezia have the goal to give to the partners the possibilities of implementation of an audio editing and mixing studio in prison and validation of competencies through a organized workshop in a La Spezia prison.

### Monday 3rd April

► Meeting venue: **D!alma - cantiere creativo urbano**  
**Via Claudio Monteverdi 117 - 19122 - La Spezia (SP)**

09:30-10:00

Welcoming and Opening Greetings  
**Stefano Kovac**, Arci Liguria's President

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10:00-10:45

Arci Liguria C2 Training for partners introduction  
Partners Expectations and Icebreaking activities  
**Giuditta Nelli**, Arci Liguria  
**Mario Bozzo Costa**, EFA

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10:45-11:30

The social context in which hip-hop culture was born and why rap is a chance in difficult contexts  
**Danilo Manganelli**, ARCI Liguria

11:30-11:45

Coffee break

11:45-13:00

Hip Hop pedagogy at its origins  
Herc, Afrika Bambaataa and the cultural fifth element of hip-hop: the knowledge  
Criminal fascination in rap: from *gangsta* to trap music  
Hip hop in Italy: about its history and music market since the early 2000s  
**Danilo Manganelli**, Arci Liguria  
**Filippo Marcellini**, Arci Liguria

13:00-14:30  
Lunch break

14:30-17:30

Collaborative technical round table trained by Arci Liguria, with the help of EFA  
***Each partner will be asked to tell about the Music Workshops it runs in prison or probation and/or that are implemented in its own country (A1)***

19:30 - 21:30  
**Social dinner**



After the icebreaking activity Mario introduce the important items of the C2-Training activity (see pptx *C2\_M4F\_Training presentation*): The relevance of this activity was the music workshop in prison organized by Arci Liguria and the second relevant object was try to understand how this competences could be used by person with fewer possibilities. Mario explains that one of the aims of this training is the implementation of the A3 action in which the partners write a drafting on general framework of the necessary competencies for the employment of audio recording and editing technologies for music production with technician workers with fewer opportunities. Another important goals concern to improve competences in field of Hip Hop music production and recording for the identification of knowledges in order to introduce these competences in the specific social context (prison). The training is meant to acquire the technical competence by the operators of the project to allow them to teach this content to young inmates. During these days the partners have the possibilities to see a protocol to use during a work in prison.

Filippo and Danilo by Arci Liguria talk about the **history and the context of the Hip-Hop** and how this kind of music could be interest and useful in the prison framework. Danilo is inside of the prison context (he usually works with inmates) and explain how this music and this project in general could be useful in this special context and he thinks that this training could be integrate in a perspective of hip hop pedagogy. The way Rap/Hip-hop music is born and develops, it has great importance in socially marginal contexts, representing a possibility of marginalization and can be help to people living in difficult contexts. Various courses are organized in prison and it happens that those who have approached the Rap music course have been those who

have not wanted to attend in any type of course organized by prison's organisations or institutions. Thanks to the Hip-Hop laboratory, these guys have also start to take an interest in transversal themes of music, such as developing moments to dedicate to creative writing.



In the afternoon Giuditta by Arci introduce the second part of the day meeting focusing on the **develop of the R1 output through different action like A1** in particular comparison with other similar realities worldwide and to do this is important that the partners share with the group the different context in which they work and the different possibility that they have for the applicability in their penitentiary institutions and context. The partnership start to talk and share their different knowledge about the different context' prisons in their country.

During the C2-Training the focus is the implementation of different action like A3 “Drafting the general framework of the necessary competencies for the employment of audio recording and editing technologies for music production with technician workers with fewer opportunities.”; A4 “Defining the areas of employment of audio technologies for rap music production both for the trainings and the music production in prison. Analysis of the skills required from both prison employees/educators (acting as audio editor trainers) and young convicts (acting as audio editor technicians)” and A5 “Studying the processes of validation and certification of the required competencies in Europe.”

**Tuesday 4<sup>th</sup> April**

► Meeting venue: **Casa Circondariale, Villa Andreini**  
**Via Claudio Monteverdi 117 - 19122 - La Spezia (SP)**

09:30-09:45

Welcoming

**Dr. Maria Cristina Bigi**, Prison Director

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09:45-10:15

General introduction and visit to the prison

**Dr. Licia Vanni**, Prison Treatment Area Manager

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10:15-11:30

Visit to project activities venues

Music studio

**Danilo Manganelli & Andrea Dreini**, ARCI Liguria

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11:45-12:30

Live showcase

**La Spezia Inmates with Danilo Manganelli**, ARCI Liguria

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12:30-14:00

Transfer to training venue & Lunch break

14:00-15:00

Studying the applications of music production technologies (A2) presentation

**Susana Bronze**, ETIC

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15:00-17:30

Collaborative technical round table trained by Arci Liguria, with the help of EFA

***Each partner will be asked to tell about tools and timing for the implementation of Music Lab to design educative approaches to rap audio editing and mixing studio, in prison or probation***



The second day of the meeting starts in Casa Circondariale, Villa Andreini, a La Spezia prison, where the partners have the opportunity to see the work that Danilo Manganelli usually carries out inside the prison. The prison's president welcomes the partners and introduce them the jail system in La Spezia. She explains the structure, the weaknesses and the characteristics, she says she is very interested in the project cause it can bring benefits within this environment. There is an exchange between the president and the partners who explain how prison facilities work in their different countries. After the first presentation Danilo starts with the practical

part. First he introduces the recording room and with the help of an inmate shows how it works. The boy sings and tries to record to show the partners how their small recording room works. The second part of the workshop takes place with the participation of a group of inmates who sing the songs they have written in front of their partners. There is a nice exchange between inmates and project partners.



After the social lunch Susanna and Joao by ETIC introduce the results of A2 module. Etic's research focuses on two essential points, on the one hand there is an analysis of the context of Hip-hop music, its context and how it is represented in various countries. Hip hop music is often linked to socially marginal contexts and this has different characteristics in the various countries. The other important point of ETIC's research is the technical part and understanding which tools can be purchased inside prisons. An analysis of the prices and characteristics of the instrumentation considered useful for the development of the project.

You can find ETIC presentations, M4F A2 Analysis, M4F Technical Requirements, in the M4F drive, C2 folder, training materials.

The exchange between the partners is essential: in the prison structures of the various countries that are involved in the project it is important understand what the rules are: which equipment can be used effectively. Prisons have rules and very often they prevent some tools from being introduced to the inside of these.

The La Spezia Training and generally this phase of the project should be useful to the partners to understand their possibility to implement the project, for example:

1. Who within their organization carry out the technical part of production and teaching of Hip music - Hop in prisons.
2. In which prison facilities they will carry out these activities
3. What will be the instruments needed to implement the laboratory in prison.

After the Training the partners will focus their attention on these questions and share them with the whole partnership so that we can then start with the operative part of the project.

The results of this search can be found in the project drive in the following folder:

<https://drive.google.com/drive/folders/1XCeP6F7VCP1gCAgS2QEBbqAKI3yI7IjL>

### Wednesday 5th April

► Meeting venue: **D!alma – cantiere creativo urbano**

09:30-10:00

The prison and prisoner's situation, in Italy  
**Lwy Alessandra Ballerini**, Antigone Association

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10:00-10:30

Protocols and agreements: tools and rules for the implementation  
of activities with people in prison or on probation  
**Lwy Stefania Novelli**, Arci La Spezia President

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10:30-11:00

Contributions from Arci's prison help desk  
**Fabiola Ottonello**, Arci Genova

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11:00-12:30

Collaborative technical round table trained by Arci Liguria, with the help of EFA  
***Each partner will be asked to tell about protocols and agreements they signed and/or use to  
realize music activities in prison or probation***

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12:30 – 19:00

From Manarola to Corniglia walking  
**Outdoor team building activity**

Wednesday opens with a speech by **Alessandra Ballerini**, lawyer, and volunteer for the Antigone Association. Antigone is an association of volunteers that supervises situations in the contexts of Italian prisons. The association carries out legal advice for prisoners. Alessandra Ballerini speaks in of the context of the laws in Italy in relation to the deprivation of liberty, what are the limits for the law, what are the universal and inalienable rights of individuals. She explains that the punishment cannot consist of treatments contrary to the sense of humanity and must aim at the inmate's rehabilitation. She also makes a numerical analysis of the cases that have been counted in recent years of deaths in prison. She believes that the State should think of an alternative to prison cause the prison system has proved to be a bankruptcy system.

The second speech is by **Stefania Novelli**, ArciLa Spezia President and she talks about protocols and agreements: the tools and the rules for the implementation of activities with people in prison or on probation. Novelli explains that Arci's activity is aimed at rehabilitating the prisoner. The courses that are organized by Arci have the aim to improve the spending time inside the prison. She emphasizes how important projects like M4F could be. Moreover, she explains the procedure that must be followed in the prisons to carry out a course or a laboratory. This is an important thing for partners. They need to understand how the process works in different countries. Among the partners there are those who usually work in prison contexts, but other partners do not know these questions and if you want to develop the project is important understand how these mechanisms work in different countries.

The last speech on Wednesday is by **Fabiola Ottonello** by Arci Genova. She explains the relevance of relations between institutions for a good develop of activities inside the jails. The approach must be collaborative and not be a challenge between different organizations and the institutions.

In the afternoon, the group of partners participated in a trek to the Cinque Terre, between Manarola and Corniglia, which has certainly strengthened the relationship between the partners and made cohesive the spirit of the group.



**Tuesday 6th April**

► Meeting venue: **D!alma - cantiere creativo urbano**

10:00-11:00

Skills assessment and validation of competencies: how it works in Italy

**Mario Bozzo Costa, EFA**

11:15-12:00

Collaborative technical round table trained by EFA, with the help of Arci Liguria  
***Each partner will be asked to tell about its country skills assessment system works***

12:00-13:00

Next steps of the R1 and tasks to be performed by the partners.

**Mario Bozzo Costa, EFA**

13:00-14:00

Lunch break

14:00-16:00

Collaborative workshop trained by Danilo Manganelli, Arci Liguria

***Rap creation music session***

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Conclusions

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Evaluation



The last day of the C2-Training deals with the topic of validation and certification of competencies. Mario shows the slides (see *C2 M4F Competence certification*, in M4F drive, C2, training materials) and talks about how this system works in Italy and he asks to partner if something similar exists in other countries as well. The partners start a discussion about the topic of validation and certification of skills. In many countries they have never heard of it. It's a system that is not used because it is often the basic institutions that recognize and are able to give a validation. Partners from Romania say that in their country there is no certification system of

skills because only national authorities can issue qualifications. In Germany, qualifications are also associated with a formal learning method.

At the end of the discussion on the certification and validation of competences, Giuditta and Mario begin to explain what the next steps of the project will be. The next steps will be linked to the rest of WP2.

The La Spezia training helped the partners to better understand where they are with the activities to be carried out, what can be done to develop the future steps of the project.

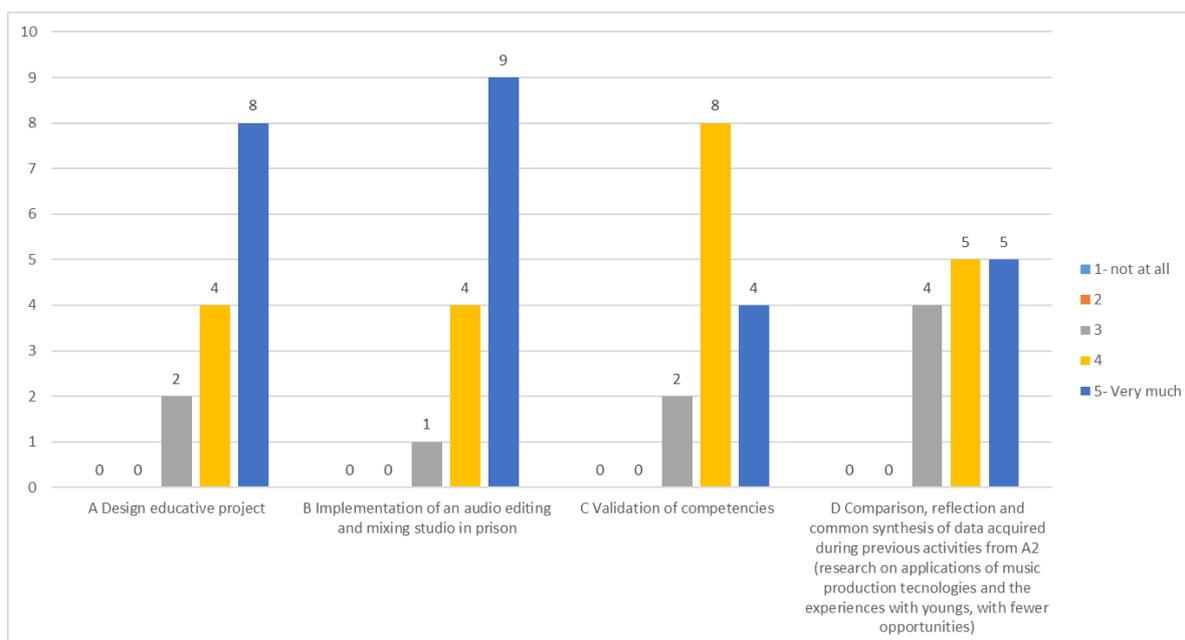
C2 in La Spezia ended with a workshop led by Danilo Manganelli who stimulated the partners to create rap music. The workshop really livened up the partners and led them to develop a small rap composition that at the end was even recorded.

## ENTERING AND FEEDBACK QUESTIONNAIRES – SUMMARY

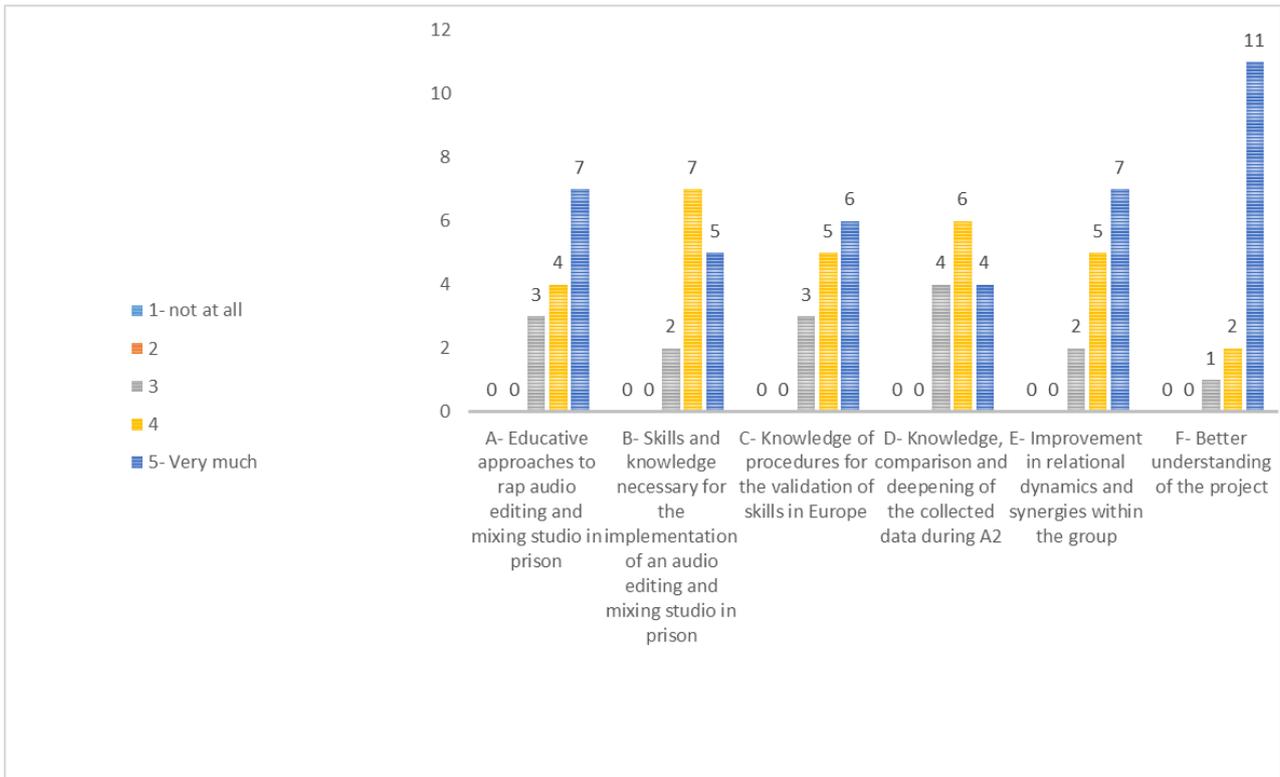
Results from the entering questionnaires

n. questionnaires: 14

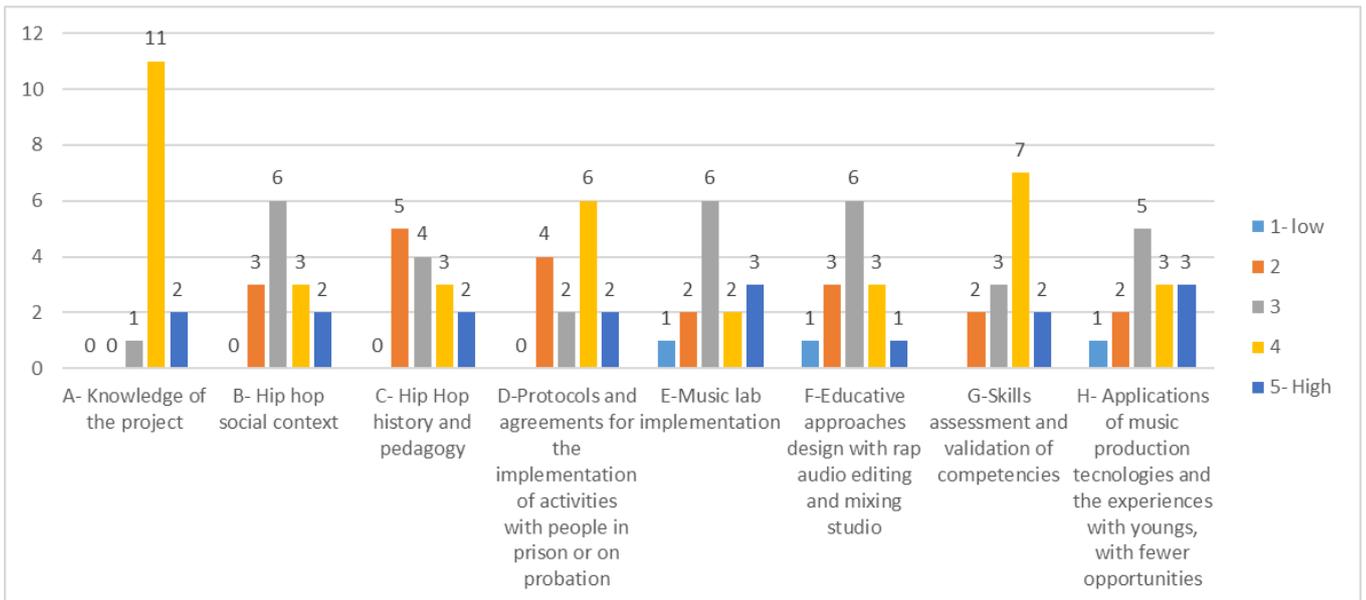
6. *What are you more interested in? (from 1 – not at all, to 5 very much)*



7. *What do you expect from the interaction with other partners and participants during C2?*



8. What is your level in the following knowledge and skills?

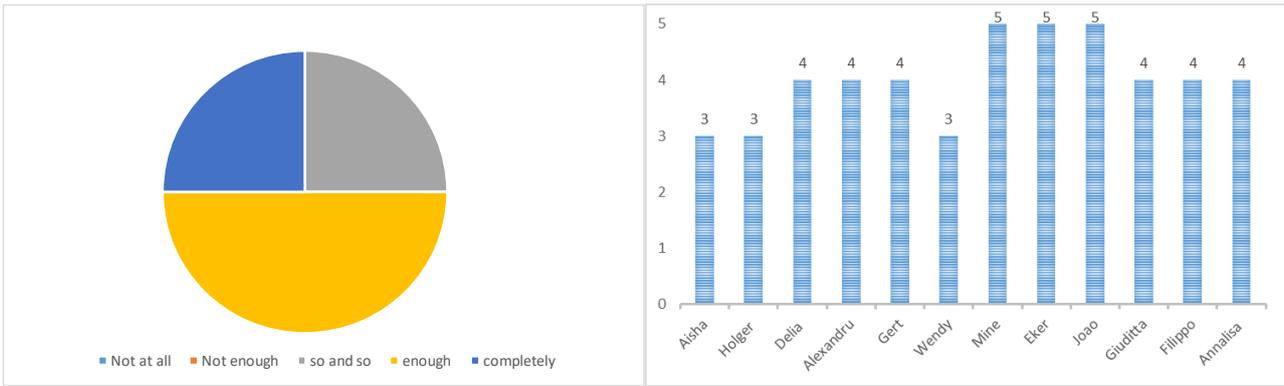


**Results from the feedback questionnaires**

n. questionnaires: 12

3. Did the training meet your expectations?

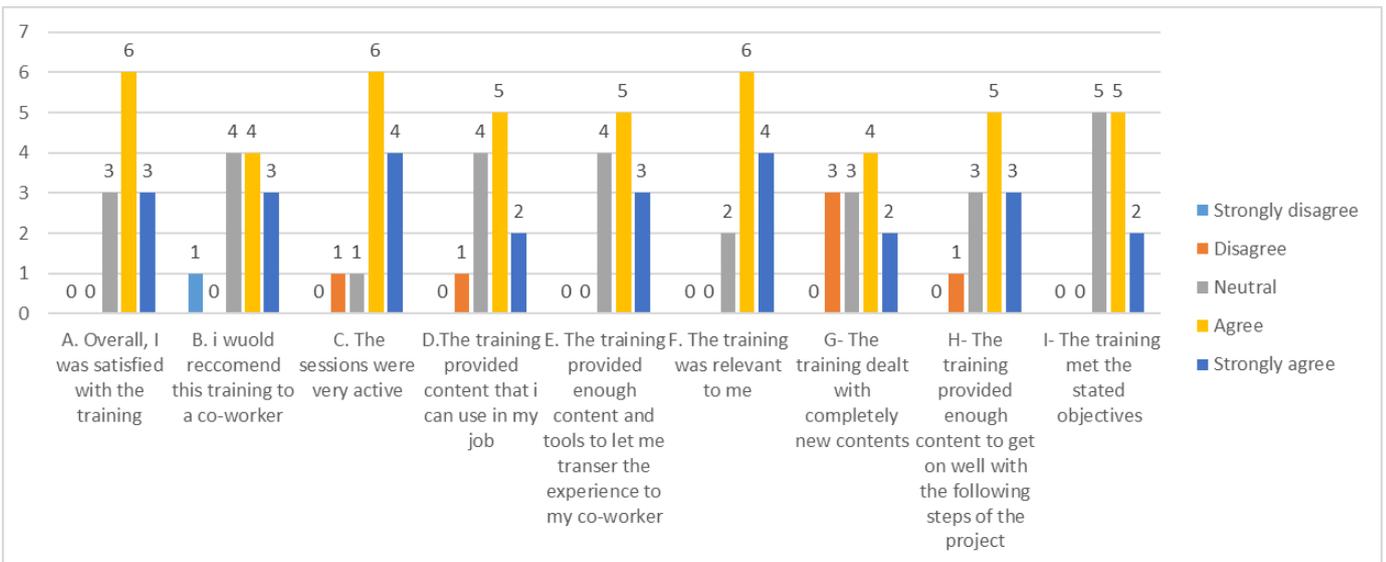
Not at all	Not enough	So and so	Enough	Completely
1	2	3	4	5



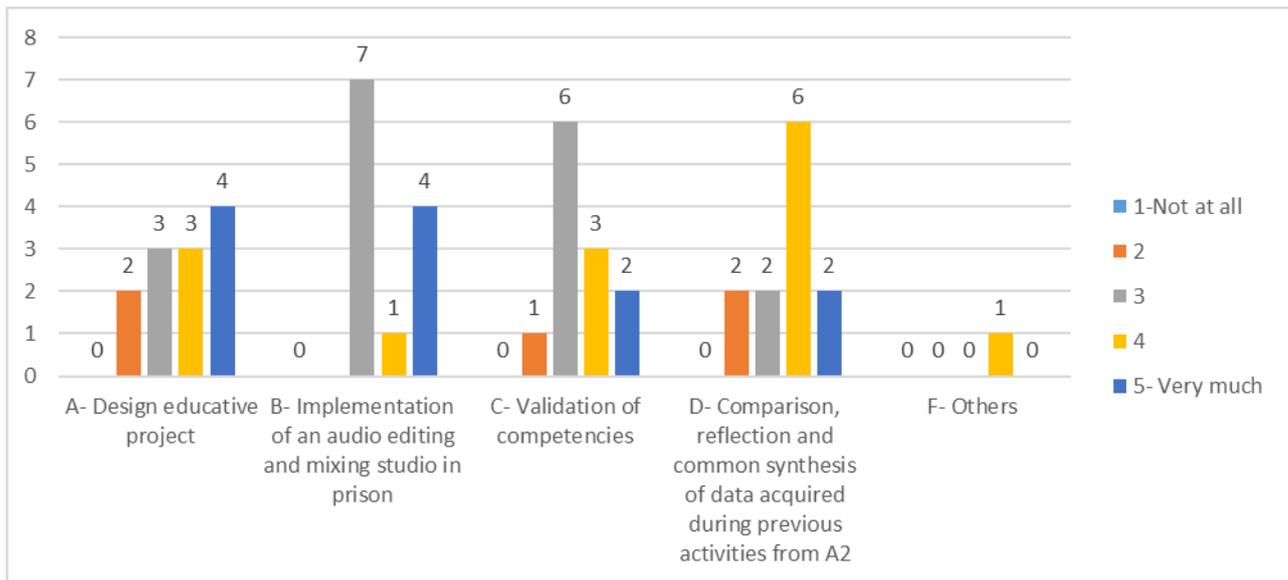
4. Comments

Some aspects were left vague or unanswered due to the different perspectives/goals..personally i wolud have preferred more concrete and thecnical handles

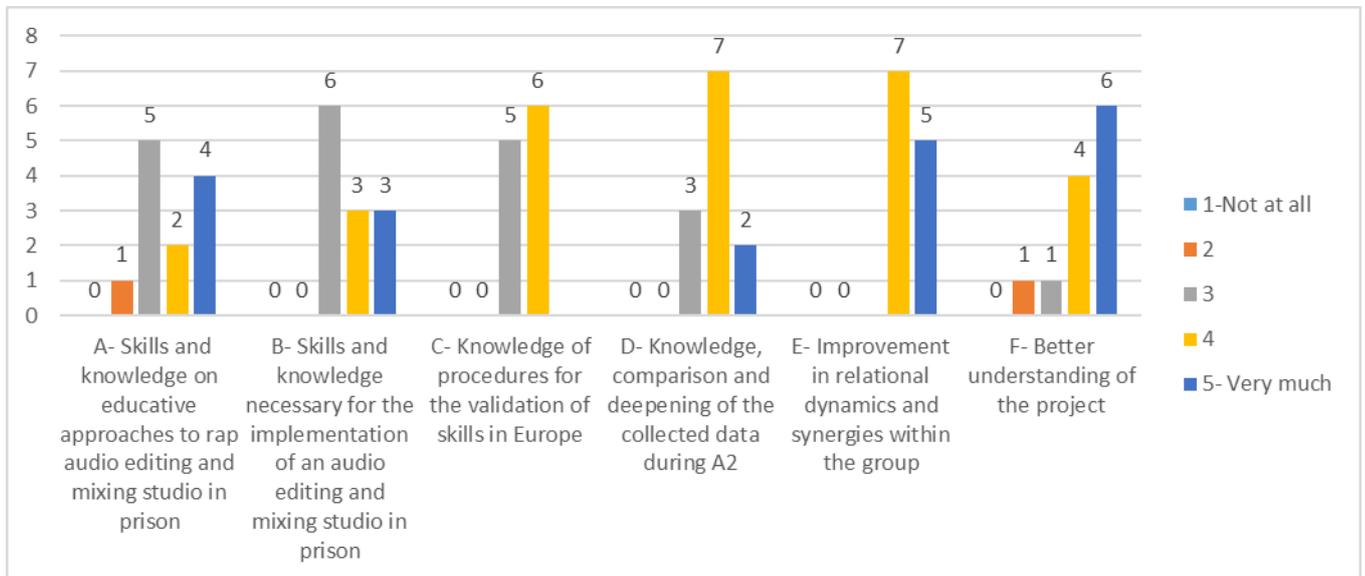
5. Do you agree/disagree with the followng statements?



6. Did the training and the interaction with other partners/participants improve your Knowledge/skills about the following matters?



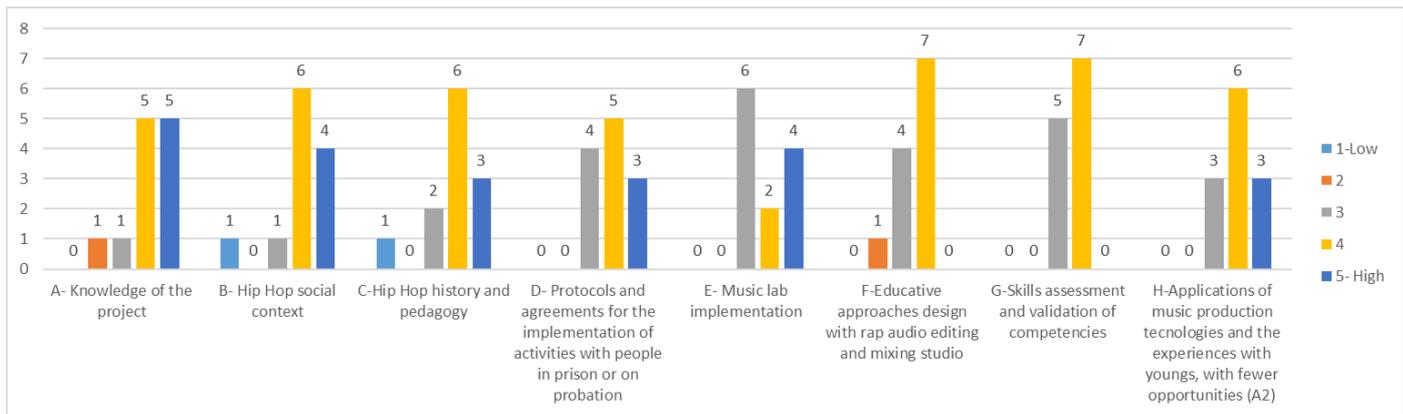
7. How much the training fulfilled the following expected results?



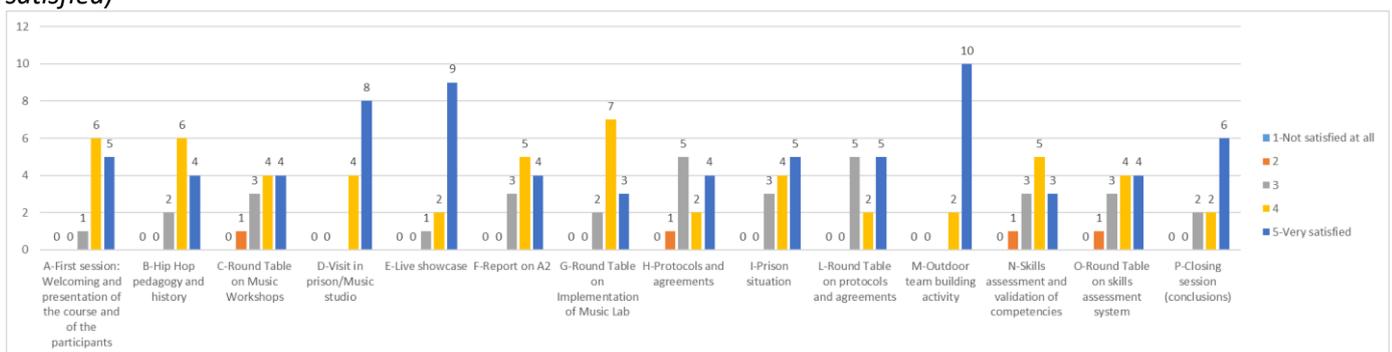
### 8. Comments

It was quite enlightening to learn how this kind of activity works in jail.

9. As regards knowledge and skills, do you think they improved thanks to the training?(from 1 – low improvement, to 5 – high improvement)



11. Please, rate your satisfaction about the different training modules (from 1 – not at all satisfied, to 5 – very satisfied)



13. What would you get in deeper in the coming training?

- Competences to realize project in prison / structure a workshop/define targets
- Skills and knowledge necessary for the implementation of an audio editing and mixing ...in prison
- To a more clear results
- Technical part and lyrics writing of hip-hop music
- Strategies to encourage prisoners to finish their courses

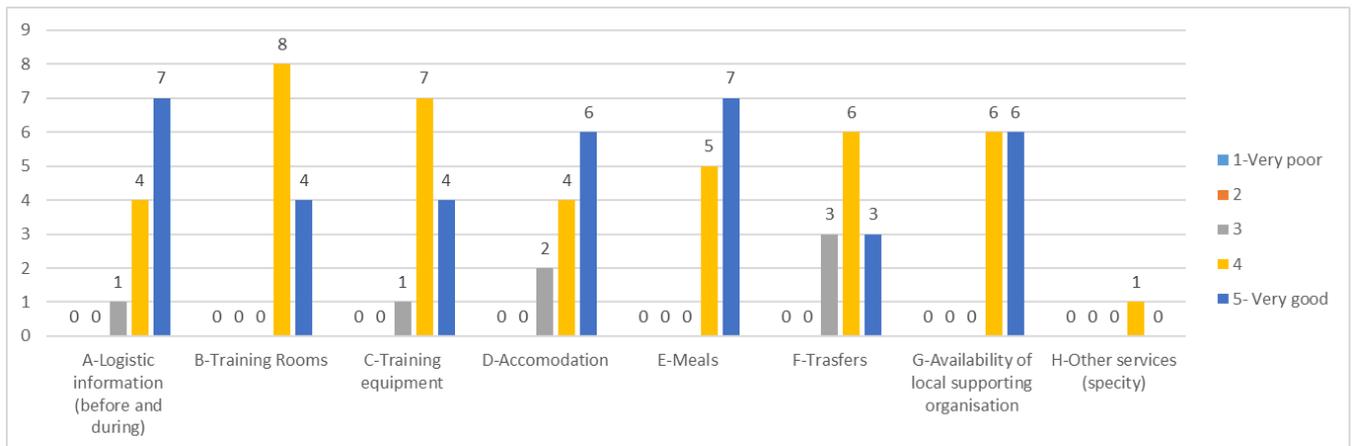
14. During the training, which was the most difficult thing?

- Understand next steps
- To have long discussion without any concrete results
- Noticing how to motivation of prisoners is easy to diminish
- The transformation into operational and practical terms of the actions foreseen in the project but described in impractical language/vocabulary

15. During the trainig, which was the easiest thing?

- the hiking
- work group and dynamics
- building "connections" with partners

16. Rate your satisfaction about logistic arrangements? (from 1 – very poor, to 5 – very good)



17- After the training do you have a better idea about the role of your organisation in the project, your goal and your commitments? Is it different from the beginning? Please describe shortly.

- My understanding of my role is not changed now, I can define my role
- Now I can say that I understand a little bit more the idea of the project
- Yes, delivering formal certification
- It's going to be an other approche but curious how it's to turn out
- Everything was clear from the outset!
- Yes-No

18- Do you have any further note or suggestion?

- None
- Great Job!

## CONCLUSIONS QUESTIONNAIRES SUMMARY

From the EQ we note that:

- the interest of the participants for the training objectives is very high, decreasing only with respect to the validation of skills and the report on A2;
- it is still very high the need to better understand the M4F project and to improve the integration of the group, to know educational approaches to the production of music in prison;
- the level of knowledge and skills of the participants is particularly low especially compared to protocols and agreements in prison, and educational approaches.

At the end of the course it is noted that a clear majority was satisfied by C2, but a quarter of the group is on the "so and so". In particular, the work on the "implementation of an audio editing and mixing studio in prison" and the work on the validation of competences is not yet fully effective. Compared to the expected results, the increased knowledge of the project (average of 4.25 out of 5) and the strengthening of the group integration (4.42 out of 5) have been very successful; lower score gets procedures for skill validation which however gets an average of 3.58 out of 5. Someone points out that it was enlightening to learn how the activities we propose to do work in prison.

The most appreciated activity, after trekking to the Cinque Terre, was the visit to the prison and attached live show case. The least appreciated activity was that on protocols and agreements in prison round table connected, getting an average of 3.58 out of 5.

From the open questions it emerges that the time has come for participants to better understand how to carry out the workshop in prison and the training needed to make them work. They worry the long discussions that do not lead to concrete results; the construction of the relations between the partners has been pleasant. Logistics has satisfied everyone at very high levels.